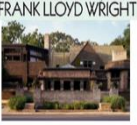


May 2025 MaineStreamers's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				10:15-11:15 Zumba Gold ¹ 12:30-2:30 Bingo 	²	³
⁴	⁵ 10:30-11:30 Senior Aerobics 1:00-2:00 Informative Edith Head Presenter: Martina Matthisen 6:00 - 7:30 Yoga 	⁶ 12:00-1:00 Chair Yoga Day Trip: San Filippo Place De La Musique 10:30-6:00 	⁷ 10:30-12:00 Travel Fiesta  11:15-12:15 Senior Aerobics	⁸ 10:15-11:15 Zumba Gold Day Trip: 6:00-7:00 Holland Michigan Tulip Time 	⁹	¹⁰
¹¹	¹² 9:00-1:00 AARP Defensive Driving  10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	¹³ 12:00-1:00 Chair Yoga	¹⁴ 9:00-1:00 AARP Defensive Driving  11:15-12:15 Senior Aerobics 5:30-7:30 Twilight Dining Plateia 	¹⁵ No Zumba Gold 11:00-3:00 90 + Birthday Celebration at Chateau Ritz 	¹⁶ Day Trip: 11:00-5:30 Crosstown Classic – Cubs vs White Sox 	¹⁷
¹⁸	¹⁹ 10:30-11:30 Senior Aerobics 2:00-3:30 Computer Workshop  6:00-7:30 Yoga	²⁰ 12:00-1:00 Chair Yoga 1:30-3:40 Monthly Movie "Small Things Like These" 	²¹ 11:15-12:15 Senior Aerobics Day Trip: 8:00-5:00 Oak Park Tour – Frank Lloyd Wright 	²² 10:15-11:15 Zumba Gold 1:00-3:00 Day at the Races 	²³ 10:30-12 noon Advisory Council Meeting	²⁴
²⁵	²⁶ Closed Holiday 	²⁷ 12:00-1:00 Chair Yoga	²⁸ No Senior Aerobics 6:30-8:00 Hypnotist 	²⁹ 10:15-11:15 Zumba Gold 1:00-3:00 Creative Corner Wildflower Garden 	³⁰	³¹